



# PILATES PHYSIQUE

August 1, 2019

We want to acknowledge how grateful we are at Pilates Physique for your confidence in our abilities to bring you the highest caliber of Pilates instruction in the Lake Norman area. We are dedicated to your continued growth and advancement with your Pilates practice.

On October 1, 2019 we will implement a rate change. This change amounts to a \$2.50 increase per class/session for 10 packs. The increase allows us to keep up with increasing costs, continue to provide studio conveniences and, to remain competitive in the local market. All existing packages will be honored until they run out. The annual Admin-class management fee will bump to \$50 starting January 1, 2020.

Service	Drop-in	10 pack	20 pack
Mat classes	\$18	\$150	\$290
Apparatus classes	\$30	\$250	\$485
Semi-privates	\$45	\$375	\$725
Privates	\$70	\$600	\$1150

Service	Drop-in	10 packs ONLY
30 min-privates	\$45	\$375
30 min-semi pvts	\$30	\$250

We are discontinuing the sale of 5 packs, continuing the purchase of 10 packs & adding the sale of 20 packs. Package expirations are 4 & 6 months respectively. Our discount for military, seniors (65+), cash and students will now be one FREE class/session. Remember our Refer-a-Friend program; for every package your friend buys you receive a service of equal value.

Our 24-hour cancellation policy is in place to protect and compensate our teachers. Studio policies can be found on our website and around the studio.

Pilates Physique remains the most economical in the Lake Norman area and we offer the widest array of services to meet the community's needs. Any questions talk to Denise. We look forward to working with you in years to come!

Many continued thanks,  
Denise C Maffia  
516.835.2560  
pilates\_physique@hotmail.com